

You Hold the Keys™... to a New Year of Possibilities

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2015 is a door that is ready to be opened. Like a present. A gift of life, time, and possibilities. The answers to these questions are keys that will unlock a world of potential.

What made me smile and laugh most often in 2014?

What is one of my favorite 2014 memories?

Who were the people that I felt most authentic with in 2014, and what are their best qualities?

What did I tolerate too much of in 2014?

In 2015, Who do I want to be?

When I am my best self, how will people describe me?

One small thing I will give myself permission to do in 2015:

My theme for 2015 is:

My decision making question for 2015 [congruent with my theme]:

(Example: if your theme for 2015 is “Fun and Creativity”, your decision making question may be something like ‘Will saying yes to this opportunity support me in having more fun?’ or ‘How will this opportunity expand my ability to be creative?’)

Sweet Soul,

I hope this worksheet has been a powerful, useful, and supportive tool for you, supporting you in celebrating and closing 2014, and opening and creating 2015.

You are an amazing, powerful being! You have the ability to create a fantastic year in 2015. I know you can!!

Last year my theme was “Sparkle, Shine, Bloom” and holding that idea helped me so much to make decisions and choose directions in business and in life.

This year, 2015, my theme is “Comfort & Joy”. Those words just kept popping into my head and my heart and following me around it seemed! – (which felt like the Universe showing me a sense of humor - to be giving this Jewish girl a theme using words from a Christmas song!! HAHA!!)

I truly believe that wanting to experience more “Comfort & Joy” is at the root of everything we long for, search for, reach for, and desire.

So, this year, it is my desire to not only experience an abundance of comfort and joy for myself, but to bring those feelings and experiences to my family, my loved ones, my friends, my clients, - to You.

I send you love, magic, and sincerest wishes for an abundance of Comfort & Joy in this new year.

In gratitude for you,

A handwritten signature in cursive script that reads "Cindie".

P.S. I'd love to hear what you've come up with for your 2015 theme! You can email me at cindie@cindiechavez.com and let me know! And...feel free to share this worksheet with a friend and work on them together. Having an accountability partner for the year is a powerful thing to do! I always share my theme with my community, my mastermind, and my family and friends. xo